



Recce Town

Daily Updates

Current as of July 6, 2020 1200

B

Current HPCON

6 hrs.

Local leave driving restriction in effect

More Info

Please visit
<https://covid19.ca.gov/>

Updates From Around Base

- **Do not go to work if you feel sick.** Contact your chain of command or the 9 MDG's COVID-19 Hotline for a telephone screening and assessment.
- **Abide by all quarantine, restrictions of movement, or isolation instructions.** These guidelines are readily available via Group or Squadron leadership teams and 9 MDG Public Health.
- **Maintain physical distance.** Maintain a minimum of six feet of separation whenever possible and reduce all in-person meetings or gatherings to 10 personnel or less.
- **Wear a mask when required.** All individuals will wear cloth face coverings when they cannot maintain 6 feet of physical distance in public areas or work centers.

Call ahead if you think you have COVID-19
Do not go into the clinic

COVID-19 Hotline: **530-634-2941** selection "**Option 9**" M-F: 0730-1700

If you or someone you know has exhibited symptoms of COVID-19,

Please contact the Beale Clinic: **530-634-2941** /

Outside duty hours call Nurse Advice Line: **1-800-874-2273**

Understanding Your Symptoms

Allergies, Cold, Flu or COVID-19

A

- Itchy eyes
- Sneezing
- Runny Nose

C

- Itchy eyes
- Sneezing
- Runny Nose
- Mild Chest Discomfort

F

- Fever
- Cough
- Fatigue
- Weakness
- Exhaustion

**COVID
19**

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

For the most up to date information regarding COVID-19 and the impacts to Beale AFB, please go to
<https://www.beale.af.mil/Home/COVID-19-UPDATES/>